



SOUTHWEST REGIONALS

February 10th, 2024

911 W. Main St, Norman, OK 73069

Entry Deadline

Tuesday, February 6th at 11:59pm

Seeding Meeting

Wednesday, February 7th at 7pm
Norman Interurban - 1150 Ed Noble Pkwy

Weigh Ins

6:30am – 8:00am – All Divisions
**** 2LB ALLOWANCE FOR 15U/G15U ONLY ****

Wrestling Begins:

9am – All Divisions

ALL REGIONAL ENTRIES AND PAYMENT TO BE ENTERED ON FLO - \$40/each

STATE ENTRY FEES WILL BE DEDUCTED FROM REGIONAL ENTRY FEE. NO ADDITIONAL STATE ENTRY FEE. A FORFEIT DISQUALIFIES YOU FOR ENTRY INTO STATE. TEAM DUES MUST BE PAID PRIOR TO THE SEEDING MEETING.

Contact

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chris.bell@okwa.us

Jennifer Lancaster – 405.823.2869

jennifer.lancaster@okwa.us

Regional Directors

Chris Bell – 405.488.4410

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Divisions & Weight Classes: (Age as of August 31st, 2023)

6 & under: 37, 40, 43, 46, 49, 52, 55, 60, 66, HWT

8 & under: 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, HWT

10 & under: 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 131, HWT

12 & under: 64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160, HWT

15 & under: 80, 86, 92, 98, 106, 112, 119, 126, 132, 140, 155, 170, 195, HWT

Girls 6 & Under: 37,40, 43, 46, 49, 52, 55, 60, 66, 100

Girls 8 & Under: 43, 47, 51, 54, 58, 62, 67, 75, 83, 130

Girls 10 & Under: 52, 57, 62, 67, 70, 74, 78, 82, 88, 95, 105, 115, 170

Girls 12 & Under: 64, 70, 75, 80, 85, 91, 98, 105, 115, 125, 135, 150, 200

Girls 15 & Under: 73, 82, 89, 97, 102, 110, 117, 126, 138, 145, 155, 165, 180, 285

ALL WRESTLERS MUST ATTEND/WRESTLE REGIONALS TO ADVANCE TO OKWA STATE

WRESTLERS MUST WRESTLE THEIR ENTERED WEIGHT – NO WEIGHT CHANGES

Nominations for coach & official of the year as well as the regional location will be at the seeding meeting. Presentations for director & regional location will be at the seeding meeting. Voting for all will take place at the regional tournament by paper ballots and turned into the regional tournament director before the end of the tournament. Votes will be validated by the OKWA Board of Directors.

1. 2024 SW 'Coach of the Year'
2. 2024 SW 'Official of the Year'
3. 2025 SW Regional location
4. Southwest Region Director