

# NGC THROWDOWN

**Hosted By: Norman Grappling Club**

<b>Saturday</b> <b>January 15<sup>th</sup></b> <b>2022</b>	<b>ALL NOVICE &amp; GIRLS: 9AM</b> <b>OPEN 6U &amp; 8U: 12:30PM</b> <b>OPEN 10U &amp; 12U &amp; 15U: 3:00PM</b>	<b>Norman High School</b> <b>911 W. Main St</b> <b>Norman, OK 73069</b>
--	---	---

Weigh-In: Friday – 6pm-7:30pm | Saturday – 7:00am-8:00am & 11:00am-12:00pm & 1:30pm-2:30pm

**Entry Deadline: 11:59PM Wednesday, January 12<sup>th</sup>**

Wrestlers may enter 2 divisions. Only one weight per division. | Enter on Flo.

Entry Fee: \$16 per entry. **ALL PAYMENTS ON FLO.** NO REFUNDS FOR NO SHOW

Contact Info: Jennifer Lancaster – 405-823-2869 | Carl Lancaster: 405-823-9168

**Divisions & Weight Classes: Age as of September 1<sup>st</sup>, 2021**

**6U:** 37, 40, 43, 46, 49, 52, 55, 60, 66, HWT

**8U:** 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, HWT

**10U:** 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 130, HWT

**12U:** 64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160, HWT

**15U:** 80, 86, 92, 98, 106, 112, 119, 126, 132, 140, 155, 170, 195, HWT

**Girls 7U:** 40, 45, 50, 55, 60, 80, HWT

**Girls 9U:** 43, 50, 57, 65, 73, 85, 100, HWT

**Girls 12U:** 58, 65, 73, 82, 91, 100, 110, 120, 135, HWT

**Girls 15U:** 75, 82, 90, 98, 106, 115, 123, 132, 142, 155, 175, HWT



- **Director reserves the right to combine weights, if necessary**
- Child abuse, abusive language, and improper conduct will not be tolerated
- Coaches Passes: 1 per 5 wrestlers. Floor passes: \$20 per pass, strictly enforced
- Norman HS, NGC, Officers, Coaches, Sponsors, and Organizers assume no liability for accident, injury, theft or fire.
- Gate Fee: \$5 Adults, \$3 Seniors, Minors under 16 free
- All wrestlers must be entered on OKWA roster to compete.



Enter on Flo at [bit.ly/22NGC](https://bit.ly/22NGC)